



## STATE TESTING INFO

**April 10, 2019**  
**9th gr.** - PSAT 9

**April 11, 2019**  
**10th gr.** - PSAT 10

**April 9, 2019**  
**11th gr.** - SAT

**April 16, 2019**  
**11th gr.** - CMAS  
Science

## AP TEST INFO

Students need to sign up and pay for AP tests by March 14th

All tests are \$94  
Free/Reduced lunch students pay \$53 per test

## SCHOLARSHIP INFO

12th grade students need to check their email for the latest scholarship information and scholarship Newsletters  
(The scholarship newsletter is posted on the high school webpage. Click faculty, and then counselor. On the MVHS Counseling webpage click Scholarship Information)

## Why Kids Might Be Bored, Entitled, Impatient?

### Technology

- ◆ Used as a "free babysitting service" but actually has an effect of kids' nervous systems, attention levels, and ability for delayed gratification
- ◆ Kids have trouble processing information in the classroom because they are used to high levels of stimulation that technology provides
- ◆ Bottom line, kids who are constantly using technology may have academic challenges
- ◆ Technology also causes us to disconnect from one another

### Kids Get What They Want When They Want It

- ◆ This prevents kids from dealing with minor stressors in life
- ◆ The ability to delay gratification will help students be more successful

### Kids Rule the World

- ◆ By doing this, kids learn they can do what they want but it does not teach them that sometimes we have to do what we do not want
- ◆ The concept of "need to do" is absent
- ◆ To reach goals kids need to do what is necessary even though it is not always what we want to do

### Endless Fun

- ◆ We live in a "fun" world but also a "work" world
- ◆ Parents tend to create a fun filled world for kids when the world becomes quiet kids tend to seek out entertainment instead of work
- ◆ In order for kids to learn at school, the brain needs to be trained to work and function under boredom

### Limited Social Interaction

- ◆ Technology has replaced outdoor time and outdoor time encouraged social interaction and a time to practice social skills
- ◆ Families interact less with one another
- ◆ Successful people have great social skills but the brain is trainable and re-trainable and kids need to be taught social skills



**How will kids successfully function on social, emotional, and academic levels? Here is how:**

1. Limit ALL technology - Re-connect with your kids emotionally and spend quality time-together
2. Train delayed gratification - Teach kids to wait and use talking instead of technology
3. Set limits - schedule meal times, sleep times, homework time, and technology time, do what is good not what is easiest
4. Teach kids to work by themselves - teaches "work-ability" and work ethic
5. Teach social skills - including turn taking, sharing, losing/winning, compromising, manners, etc.

**From the Article:** REASONS TODAY'S KIDS ARE BORED, ENTITLED, IMPATIENT WITH FEW REAL FRIENDS ~BY JACQUELINE