



## **IMPORTANT INFO**

State Testing is coming in April 2019!

**April 10, 2019**  
**9th gr.** - PSAT 9

**April 11, 2019**  
**10th gr.** - PSAT 10

**April 9, 2019**  
**11th gr.** - SAT

**April 16, 2019**  
**11th gr.** - CMAS  
Science

## **SHOLARSHIP INFO**

12th grade students need to check their email for the latest scholarship information and scholarship Newsletters

(The scholarship newsletter is posted on the high school webpage. Click faculty, and then counselor. On the MVHS Counseling webpage click Scholarship Information)

## **LIFE LESSONS**

## **What is the Role of the School Counselor?**

### **Happy National School Counselors Week!**

February 4-8, 2019

*"School Counselors: Providing Lessons for Life"*

School counselors are professional educators with a mental health perspective who understand and respond to the challenges presented by today's diverse student population. The professional high school counselor holds a master's degree and required state certification in school counseling making them uniquely qualified to address all students' academic, personal/social and career development needs. School counselors are integral to the total educational program.

#### **Professional school counselors provide:**

##### **School Guidance Curriculum**

- ◆ Post-secondary planning and application process
- ◆ Education in understanding self and others
- ◆ Coping strategies
- ◆ Peer relationships and effective social skills
- ◆ Communication, problem-solving, decision-making, conflict resolution and study skills
- ◆ Career awareness and the world of work
- ◆ Substance abuse education

##### **Individual Student Planning/Advocacy**

- ◆ Goal setting
- ◆ Academic plans/Career Plans
- ◆ Problem solving

##### **Responsive Services**

- ◆ Individual and small-group counseling
- ◆ Individual/family/school crisis intervention
- ◆ Academic/Behavior/Attendance concerns
- ◆ Peer facilitation
- ◆ Consultation/collaboration with parents/teachers/administration
- ◆ Referrals for services

##### **System Support**

- ◆ Professional development
- ◆ Consultation, collaboration and teaming
- ◆ Program management and operation

Professional school counselors develop confidential relationships with students to help them resolve and/or cope with problems and developmental concerns. The school counselor is a partner in the educational journey and an advocate for students helping them move in positive directions toward specific goals, and is committed to change and growth. The best interest and well-being of students is in the forefront of what we do.

~Information from American School Counselor Association (ASCA)

