



FALL TESTING INFO

PSAT/NMSQT

Oct. 10, 2018

10th & 11th grade
7:45am in
District Boardroom

PSAT 9

Nov. 6, 2018

9th grade
7:45am in
District Boardroom

ASVAB

Nov. 7, 2018

11th grade
7:45am in
the Gym



SHOLARSHIP INFO

12th grade students need to check their email for the latest scholarship information and scholarship Newsletters

(The scholarship newsletter will be posted on the high school counselor webpage under Scholarship Newsletter)

The Role of the School Counselor

The professional high school counselor holds a master's degree (with a mental health perspective) and required state certification in school counseling making them uniquely qualified to address all students' academic, personal/social and career development needs.

Some of what the school counselor does:

School Guidance Curriculum

- ◆ Post-secondary planning and application process
- ◆ Education in understanding self and others
- ◆ Coping strategies
- ◆ Peer relationships and effective social skills
- ◆ Communication, decision-making, conflict resolution
- ◆ Career awareness and the world of work
- ◆ Substance abuse education



Individual Student Planning/Advocacy

- ◆ Goal setting
- ◆ Academic plans/Career Plans
- ◆ Problem solving



Responsive Services

- ◆ Individual and small-group counseling
- ◆ Individual/family/school crisis intervention
- ◆ Academic/Behavior/Attendance concerns
- ◆ Peer facilitation
- ◆ Consultation/collaboration with parents/teachers/admin
- ◆ Referrals for services

System Support

- ◆ Professional development
- ◆ Consultation, collaboration and teaming
- ◆ Program management and operation



Professional school counselors develop confidential relationships with students to help them resolve and/or cope with problems and developmental concerns.

~Information from American School Counselor Association (ASCA)

Bullying vs. Conflict vs. Rude/Mean Behavior

The definition of Bullying is:

- INTENTIONAL and AGGRESSIVE/MEAN behavior
- that is REPEATED over time, and
- involves an IMBALANCE of POWER

The definition of Conflict is:

- is a natural part of growing up, and between peers
- Peers DISAGREE but CAN'T/DON'T KNOW HOW to SOLVE their own problems
- May become so frustrated that they are mean or physically try to hurt their peer

The definition of Rude behavior is:

- Someone says or does something UNINTENTIONALLY hurtful, happens once

The definition of Mean behavior is:

- Someone says or does something INTENTIONALLY hurtful, happens once