



CAREER FAIR

Wednesday, December 9th
9am to 10:30am

For 10th grade students that
sign up in the counseling
center!

FINANCIAL AID NIGHTS!!!

(Dates coming soon!)

In January...
Financial Aid 101
come learn all about types
of financial aid and create
your FSA ID!

In February...
FAFAS Workshop
Come fill out the FAFSA
online with help available!

SCHOLARSHIPS!

Scholarships are coming
into the college resource
center all the time...and
check out the monthly
senior newsletter for
scholarship information!
Students need to watch
deadlines!!!!



**Education is the most
powerful weapon
which you can use to
change the world.**
~~Nelson Mandela

Financial Aid Information

Types of Financial Aid

- **Scholarships** - Money that does not require repayment, awarded based on a wide variety of criteria
- **Grants** - Financial assistance that does not require repayment and is based on financial need
- **Work Study** - Provides students with jobs on campus or nearby to earn money for college.
- **Loans** - Aid that the student is responsible to paying back after school is completed.

Free Application for Federal Student Aid (FAFSA) determines student financial need and is used when applying to most every 2-year and 4-year colleges all over the country. Students must apply each year after January 1st and is important to apply as early as possible. Most colleges/universities have FAFSA deadlines.

As of May 15th, students and parents need a FSA ID to complete the FAFSA. This can be done before filling out the FAFSA. Seniors applying for financial aid for the Fall of 2016 will fill out the FAFSA after January 1, 2016.

Help Teens Cope with the Holidays

- ⇒ Prepare teens in advance for the upcoming holiday events. Tell them what the schedule will be and ask for their input and suggestions.
- ⇒ Take notice of teens' eating and sleeping habits. Realize that they still need a routine and your guidance.
- ⇒ Plan "down" time. Rent a holiday video, read a favorite holiday story together, or go for a drive admiring the lights and decorations, etc.
- ⇒ Remind teens of the joy of giving.
- ⇒ Make sure teens have time with friends while on vacation from school.
- ⇒ Plan activities and tasks for your teens while you are at work. They still need structure when not in school.
- ⇒ Have them prepare for travel by bringing along things to entertain themselves such as headphones, books or magazines.
- ⇒ TALK to your teen! Expressing feelings is hard for teens to do on their own.
- ⇒ If you notice that symptoms of depression or anxiety persist more than a few weeks, seek advice from a counselor or medical doctor.